

ATTACHMENT 1: 20DPP00554  
**New Jersey National Guard Youth Camp**  
**MENU**

**DAY 1 (Staff Only)**

|           |                                                                                                               |
|-----------|---------------------------------------------------------------------------------------------------------------|
| BREAKFAST | Omelets<br>Breakfast meat<br>Homes Fries<br>Toast<br>Assorted Cereals<br>Assorted Beverages                   |
| LUNCH     | Sandwiches<br>Salads<br>Assorted Beverages                                                                    |
| DINNER    | Picnic / BBQ by pavilion<br>Hotdogs<br>Hamburgers<br>Sausage<br>Salads<br>Cookies/cakes<br>Assorted Beverages |

**DAY 2**

|                                     |                                                                                                                      |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| BREAKFAST (Staff Only)              | Scrambled Eggs<br>Breakfast Meats<br>Toast<br>Assorted Cereals<br>Assorted Beverages                                 |
| LUNCH (Staff Only)                  | Sandwiches<br>Salad Bar<br>Beverages<br>Desserts<br>Fresh Fruit                                                      |
| DINNER (Campers and complete staff) | Stuffed Shells with Meat Sauce<br>Green Beans<br>Salad Bar<br>Assorted Fresh Fruit<br>Desserts<br>Assorted Beverages |

**DAY 3****BREAKFAST**

Scrambled Eggs  
 Bacon  
 Pancakes with Syrup  
 Toast  
 Home fries  
 Assorted Cereal  
 Assorted Beverages

**LUNCH**

Grilled Cheese Sandwich's  
 French Fries  
 Carrots  
 Salad Bar  
 Assorted Fresh Fruits  
 Desserts  
 Assorted Beverages

**DINNER**

BBQ'd Chicken Nuggets  
 Tater Tots  
 Peas  
 Salad Bar  
 Assorted Fresh Fruits  
 Desserts  
 Assorted Beverages

**DAY 4****BREAKFAST**

Scrambled Eggs  
 Sausage Patties  
 French Toast with Syrup  
 Toast  
 Home Fries  
 Assorted Cereal  
 Assorted Beverages

**LUNCH**

Chicken Fries  
 French Fries  
 Mixed Veggies  
 Salad Bar  
 Assorted Fresh Fruit  
 Assorted Beverages

**DINNER**

Baked Ham  
 Macaroni and Cheese  
 Salad Bar  
 Assorted Fresh Fruit  
 Desserts  
 Assorted Beverages

**DAY 5**

|           |                                                                                                                            |
|-----------|----------------------------------------------------------------------------------------------------------------------------|
| BREAKFAST | Scrambled Eggs<br>Grilled Pork Roll<br>Waffles with Butter & Syrup<br>Homes Fries<br>Assorted Cereal<br>Assorted Beverages |
| LUNCH     | Grill Ham Slice<br>Shoe String Fries<br>Green Beans<br>Assorted Beverages                                                  |
| DINNER    | Spaghetti with Meat Balls & Sauce<br>Green Beans<br>Salad Bar<br>Assorted Fresh Fruits<br>Desserts<br>Assorted Beverages   |

**DAY 6**

|           |                                                                                                                                                                           |
|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| BREAKFAST | Scrambled Eggs<br>Bacon<br>Pancakes with Syrup<br>Home Fries<br>Toast<br>Assorted Cereal<br>Assorted Fresh Fruit<br>Assorted Beverages                                    |
| LUNCH     | Chicken Patty<br>French Fries<br>Peas<br>Salad Bar<br>Assorted Fresh Fruit<br>Assorted Beverages                                                                          |
| DINNER    | <b>"BEACH PICNIC"</b><br>Hamburgers & Cheese Burgers<br>Hot Dogs<br>Macaroni & Potato Salad<br>Sliced Tomatoes & Onions<br>Tossed Salad<br>Desserts<br>Assorted Beverages |

ATTACHMENT 1: 20DPP00554

**DAY 7**

**BREAKFAST**

Eggs to Order  
Toast  
Breakfast Meats  
Assorted Cereals  
Assorted Fresh Fruit  
Assorted Beverages

**LUNCH**

Hoagie's  
Assorted Fresh Fruit  
Salad Bar  
Assorted Beverages

**DINNER**

Mystery Meal (Sliced Meat Loaf )  
Vegetables  
Salad Bar  
Assorted Fresh Fruits  
Assorted Desserts  
Assorted Beverages

**DAY 8**

**BREAKFAST**

Egg Patty on a Bun  
With Round Bacon  
Assorted Cereals  
Assorted Beverages

**NOTE:**

1. One (1) mid-morning snack and One (1) afternoon snack shall be provided daily
2. Three (3) 8 oz. bottles of water shall be provided to each child daily in addition to other beverages listed